

Woden Voice



Published by Woden Community Service Inc. & Woden Valley Community Council Inc.



It's the Festive Season – it's Festival Season!



Woden Community Service Inc. PO Box 35 Woden ACT 2606
Ph: 6282 2644 E: wodenvoice@wcs.org.au W: www.wcs.org.au
Community notices, diary dates and community articles welcome by 1 March.



Celebrate Woden

LIFT OFF Youth Concert

The Lifftoff youth village grew in 2010 attracting a variety of dance performances, bands, and electronic acts.

There was outstanding dance performances by Jumptown! Swing, Universal Dance Team and SDS dance troupe while the Lifftoff band competition was contested by six of Canberra's most talented young bands.

The winner of the 2010 competition was Atlantis Awaits who showed why they are one of Canberra's most promising acts. To add to this, in the same week Atlantis Awaits won the Lifftoff band competition they were also signed with Axxis management group!

The organisers are looking forward to developing the Lifftoff concept in future years and will continue to showcase current and emerging youth culture.



The 2010 Woden Valley Festival was a huge success with over 5000 people enjoying the new and improved Eddison Park as well as many Festival activities.

It was a big show of community support for the annual Festival which is only in its third year.

What helped make it a special day was the way in which people from a variety of cultures and ages came together to celebrate being a part of our community.

It was great to see young children, teenagers and adults all celebrating and enjoying the festivities together.

The organisers would like to say a big thank you to all the sponsors, bands, performers, stall holders, activity holders and the public who helped make the 2010 festival a great event.

The image shows the cover of the 2011 Big Issue Calendar. It features a cartoon illustration of a man and a woman sitting at a table with a pizza and a mug. The man is holding a slice of pizza and looking at the woman. A thought bubble above them contains the text: "FILM CRITIC AT BREAKFAST. THIS TOAST IS UNMISSABLE!". The Big Issue logo is in the top left corner, with the tagline "HELPING PEOPLE HELP THEMSELVES". Below the logo, it says "HALF THE COVER PRICE GOES TO YOUR VENDOR" and "still only \$5". At the bottom, it says "2011 CALENDAR" and "FEATURING CARTOONS BY ANDREW WELDON, ILLUSTRATIONS BY OTHER BIG ISSUE ARTISTS AND MESSAGES FROM OUR VENDORS.".

THE BIG ISSUE
HELPING PEOPLE HELP THEMSELVES

HALF THE COVER PRICE GOES TO YOUR VENDOR

still only \$5

FILM CRITIC AT BREAKFAST.
THIS TOAST IS UNMISSABLE!

2011 CALENDAR

FEATURING CARTOONS BY ANDREW WELDON, ILLUSTRATIONS BY OTHER BIG ISSUE ARTISTS AND MESSAGES FROM OUR VENDORS.

Valley Festival 2010

The Festival sponsors have enabled the Festival to grow and provide great infrastructure and production.

The bands and performers showed the depth of talent in our community and they certainly didn't disappoint on the day with many fantastic performances.

There were also a record number of community stalls and activities which provided great information and interactive displays linking people to resources in the local community.

A special thank you also goes to the enthusiastic Volunteers who helped bring the 2010 Festival to life.

The Festival organisers have received many positive reports about how helpful and good natured the volunteers were.

Future festivals will continue to focus on the theme of 'Health,

Sustainability and Lifestyle' - looking at the various ways that this theme can be embraced to inspire, connect, and help build a healthier community.

The 2010 Festival was a positive step in this direction and has set up a firm foundation for the years to come. We look forward to seeing everyone back again in 2011!

Thank you to Robert and Annette at Trophy Link and Classic Framing for proudly supporting the Mascot Race at the Woden Festival.

Drop in at Mawson Shops (next to Dominos) or call 6239 3939 or email trophylink@trophy.net.au



WODEN VALLEY COMMUNITY COUNCIL

Greens push trolleys through Assembly



Sick of trolleys cluttering Woden's landscape, ending up in waterways, or causing a hazard on paths and roads?

The Legislative Assembly has now passed the ACT Greens' legislation to address the issue of abandoned trolleys in Canberra.

Caroline Le Couteur, the Greens' spokesperson for Territory and Municipal Services, introduced the Litter (Shopping Trolleys) Amendment Bill 2010 in February 2010. The Bill was passed into law in August and should begin operating in February 2011 after a phase in period.

The new laws make retailers take more responsibility for trolleys by collecting them, and by preventing trolleys from leaving their premises in the first place.

The laws also give new powers to the Territory to prevent individuals from taking and dumping trolleys. The laws also address the recycling of trolleys to ensure that they aren't just discarded in our landfills.

Caroline Le Couteur told the WVCC that the legislation tackled an issue that most jurisdictions have ignored, or decided was too tricky.

She was very happy that the ACT now had a good scheme in place to deal with the problem of trolleys, which have for too long been a litter problem, a safety problem, an environment problem, and a financial problem.

Plans for Woden Green

Plans for the Woden Green development by the Hindmarsh–Land Development Agency joint venture include a 35-storey residential tower block with four neighbouring towers of up to 20 storeys.

It is envisaged Woden Green, bounded by Hindmarsh Drive and Callam Street, Phillip, will accommodate 3,000 people.

Hindmarsh, on behalf of the joint venture, explained the plans at the Woden Valley Community Council meeting on 1 December 2010.

It is important for Woden residents to express their views and any concerns about the plans.

Combined Community Councils Meeting

On 20 November, Tuggeranong Community Council hosted the second combined meeting of the ACT's Community Councils.

Recognising the importance of regional and cross-border issues, the Councils also welcomed the participation of the Jerrabomberra Residents Association.

Chief Minister John Stanhope, in opening the meeting, paid tribute to the importance of the work of the Councils, which play a vital role in ensuring the voice of the community is heard across a wide range of issues.

The ACT's disjointed and ad hoc planning system came in for sustained criticism and analysis at the meeting. A motion put forward by Woden Community Council representatives, calling for greater integration, transparency and accountability in planning, was unanimously endorsed.

Woden Valley Festival

The rain tumbled down later in the day, but nothing could dampen the spirits of those who participated in the Woden Community Festival on 6 November, by general consent, the best yet.

Eddison Park looked a picture, and Woden Valley Community Council Committee Member (and former Chair) David Menzel resplendent in his Drizabone, did a splendid job as Master of Ceremonies. The day was a showcase for a vibrant community — let's keep it that way!

Supporting Tenancies in Canberra

Woden Community Service, in partnership with the YWCA of Canberra and Belconnen Community Service are assisting all Canberrans to maintain a safe and stable home within connected communities.

The Supportive Tenancy Service will work with all Canberrans experiencing housing stress to maintain a safe and stable home. This is done by providing outreach support, information, referral, case management and advocacy to prevent homelessness.

The service will also provide opportunities to expand knowledge, enhance skills, access resources and build connections to communities. For more information about the Supportive Tenancy Service, please call 6282 2644.

Summer Vacation Care

Woden Community Service School Age Care will again be running Vacation Care Activities out of Garran Primary School for the December/January School Holidays. The program will run 20 to 24 December 2010 and then 4 January to 4 February 2011. The program runs from 8am to 6pm daily.

The Senior Woolshed Camp will be held from 18 to 21 January. A new addition for these holidays is the Super Bike Workshops for senior children on 24, 25, 27 and 28 January.

These workshops are designed for children who are interested in knowing more about their bike and have an interest in riding. The workshops are run by a former world champion and fully qualified cycling coach.

If your child is interested in attending any of the exciting activities on offer or you would like further information, please call Nila or Kate on 6234 6831 or email sac@wcs.org.au.

School Age Care

Our SAC programs operate at six schools in the Woden area: Curtin, Farrer, Garran, Hughes, Red Hill and Torrens.

We provide fun and interesting activities in a safe environment for school age children. Trained co-ordinators and their staff offer programs based on the children's interests and stimulating experiences.

In the school holidays we also hold a vacation care program, including a camp for the older children who love the adventure!

If you would like care for your children or would like to work in this fun environment, please ring Nila on 6234 6832.

Cafe Ink receives Chief Minister's Award

Café Ink, a new café based at Woden Library, was awarded the 2010 ACT Chief Minister's Inclusion Award of Excellence at a ceremony at Parliament House on Thursday 7 October.



Café Ink is a social enterprise, established by Woden Community Service, to provide employment and training opportunities to people who have been excluded from the labour market due to an enduring disability or other circumstance.

To date, 10 people living with a disability or mental health issues have been engaged by Café Ink. Café Ink was established with the explicit aim of creating employment for people who have been prevented from participating in the labour market.

While it has this focus, Café Ink also provides an impressive example of how inclusion is woven throughout a business that operates in a highly competitive service industry.

Café Ink by example is leading the way in what a true inclusive environment is within the workplace. The café also won the Inclusion in Small Business Award at the gala ceremony. Matthew Gallagher, the manager of Café Ink, accepted the awards on behalf of Woden Community Service.

While the café is a social enterprise employing people excluded from the labour market, its other niche is its exclusive use of fair trade products, such as coffee, tea and chocolate and its focus on reducing its ecological footprint by using local products from nearby suppliers and using compostable coffee cups and recycle paper and plastic products.

So come down and visit and try the café's wonderful coffee and scrumptious sandwiches and freshly baked cookies and cakes. Open from 7.30am Monday to Friday at Woden Library.

A Rewarding Career – story from a carer



My name is Ayan Hassan, and I am a relatively new carer with Woden/Weston Family Daycare.

In my time I have had the pleasure of caring for many different children in my own home. I cannot think of another job that I would rather be doing.

The staff at Woden/Weston Family Daycare are so friendly and supportive, and are always available to help should the need arise. I feel like part of a team, and not an isolated carer.

Family Daycare lets me work at home, so I can be there for my children. If you have children you can drop them at school, pick them up, and be more involved in their lives than would be possible with other jobs. Also, if your children are home schooled, this is one of the very few jobs that you can do.

Family Daycare offers flexible hours, and the opportunity to work at night or on weekends if you prefer. You are your own boss, and can decide when you want to work and how many children you want to care for. You decide how many hours: full-time or part-time.

If you can commit to looking after four children under the age of five, as well as three school children full-time, then you have the potential to earn up to \$45 000 p.a. (gross). Weekends and evenings gross much higher incomes.

You can also claim a proportion of expenses that are common between your private life and your business, such as electricity, cleaning products, and mortgage costs.

You can find a list of possible deductions in the Family Daycare Tax Guide. As a Family Daycare carer, you are eligible for salary sacrifice up to \$16 000 p.a., which is tax-free.

One of the great benefits of being a carer with Woden/Weston Family Daycare is that you have sick leave, annual

leave, long service leave, and superannuation, and your tax is deducted automatically.

You do not need to deal directly with the families in financial matters, as the Woden/Weston Family Daycare scheme handles this. They will also find children for you.

The best reward for being with Family Daycare is the reward of caring for children in a loving family environment.

Opening your home to families and children takes a special kind of person, who is able to adapt to different people, cultures, and lifestyles.

You will also need the support of your family. The best part is watching the children in your care grow, and helping their development. These children are the future of our community – you are helping to build the future.

For more information on Woden/Weston Family Daycare, please contact Jenny on 6234 6854.



ACT DRAGONS D-VOLLEYBALL

Smaller court, shorter net, faster play and all without getting off the floor!!

Sitting Volleyball also known as D-Volleyball began in the Netherlands in 1953. Since then it has grown into an internationally acclaimed and popular sport, not only for the disabled but also for able-bodied volleyball players, particularly for those who may have suffered ankle or knee injuries.

ACT Dragons Volleyball Club in partnership with Volleyball ACT would like to invite you to participate in Canberra's first D-Volleyball program. Come train with nationally qualified coaches in a fun social environment and get a chance to learn a new sport or enhance your volleyball skills.

The ACT Dragons D-Volleyball Program includes both skill training and game play and is open to all players both able bodied and physically disabled.

WHEN?	Thursday 7:00-8:30pm starting from Nov 11 2010
WHO?	Everyone
WHERE?	Melba Copland College Campus Verbrugghen Street, Melba
HOW MUCH?	\$5 per session

For more information about D-Volleyball please contact Robyn McCurdy on
02 6241 2857 or actdragons@gmail.com
or have a look at our website:
actdragons.org



Place your community event in the Woden Voice. Reach over 19,000 Woden businesses & households by phoning 6234 6837 or email wodenvoice@wcs.org.au. Notices due by March 1.

Community Diary

ACT Chronic Conditions Alliance meets on the 2nd Wed of the month at the WCS Rooms from 7.00pm to 8.30pm. Sessions feature guest speakers presenting current information about chronic illnesses. Ph 6290 1984.

The ACT ME/Chronic Fatigue Syndrome Society Support Group meets the 1st Tues of the month at the Pearce Community Centre 12.30 to 2.00pm. Ph 6290 1984.

Arawang Ladies Probus Club: meets every 3rd Tues at 10am Orion Room, Southern Cross Club, Woden. Active retirees enjoying fellowship & fun. Ph Lilian 62959241.

Bosom Buddies group for people who have undergone or undergoing treatment for breast cancer, meet the 2nd Mon of month 9.30am to 10.30am at Chocolate Olive Café, 2/22 Colbee Crt Phillip. Ph 6290 1984

Canberra Lung Life Support Group - Meets on the 2nd Thurs of each month at the Weston Club, 1 Liardet Street Weston at 10.30am. Ph Pam 62882053

Gospel Folk community choir rehearses each Wed from 7.30 pm in the auditorium of St Andrew's Village, 95 Groom Street, Hughes. New members are very welcome.

Connections @ Cooleman - an activity based program for adults with disabilities in Weston creek & Tuggeranong regions, referrals now open. Ph Communities@Work on 62884744.

Liver Health & Wellbeing Group For people living with hepatitis & other liver conditions. Monthly meetings. For more info contact Susan or Robyn ACT Hepatitis Resource Centre 62822611.

Pearce Neighbourhood Watch – every 4th Wed, Brian Schiller 62861138

Phillip Rostrum Club: Tues lunchtimes 12:35 to 1:25 at the Woden Library Balcony Room, Corinna Street Woden. Contact Wagdy Hanna 0411 206 242 act.rostrum.com.au

Social Group for Older Persons, Tues mornings 10am – 1.30pm at Lutheran Church Hall corner Burnie St and Melrose Dr Lyons, with guest speakers, morning tea and lunch with transport if required. Cost \$6 for lunch and \$6 for transport.

Rotary Club of Woden Daybreak meet each Fri morning at 7.15am for a 7.30 start at Babar's Café & Bar, Bradley Street, Woden Plaza ACT (next to Hoyts entrance & Dick Smith). For info: www.rotaryd9710.org.au/~woden-daybreak/. New members welcome.

TEA (The English in Australia Club) 1st & 3rd Sat of each month 10.30am to 12 Midday - tea/coffee mornings at Southern Cross Club. Every 2nd Wed bbq picnic. Ph Clem 0424400372.

Woden Walkers Woden Community Service & the Heart Foundation are facilitating a walking group each Wed from 12.30 to 1pm from Woden Post Office. Ph Emma 62346820.

Weston Creek View Club, meets in Southern Cross Club Woden. Ph: Dawn (publicity officer) on 62814423.

Woden Lunchtime Toastmasters Club Every Wed lunchtime 12.30 pm until 1.30 pm at the Woden Library Balcony Room, Corinna Street, Woden. Mike Phoenix 6296 6575

Woden SEE Change Social get-togethers, committee meetings, sustainability workshops and tours. Phone Audrey 6287 3000 email: seechange.woden@gmail.com

Woden Valley Community Council meetings 7.30pm 1st Wed of the month at the Hellenic Club 0420 529 747

Youth Centre Drop In Callum St, Woden,
2 - 5.30pm Mon to Wed
12.00 - 5.30 Thurs 12.00 - 7pm Fri
Ph 6282 3037.



COMMUNITY EVENT SUBMISSIONS DUE 1 MAR Ph 6234 6837. MAX 35 WORDS

Community Notices



Woden Community Service Christmas Opening Hours

WCS will be closed from Monday 27 December and reopening on Tuesday 4 January 2011. We wish all Woden Valley residents a safe and happy holiday and a prosperous new year. If you require assistance over this period, please ring Lifeline on 13 11 14.

Hughes Christmas Carols

Hughes Baptist Church is holding Christmas Carols on Sunday 12 December 6pm at Hughes Primary School grounds, corner of Kent and Groom St Hughes. Free event, all welcome. For more information contact 6161 3940.

Curtin Carols on the Block

Come and join with the Curtin community to singing traditional Christmas Carols on Saturday December 11. Free Sausage sizzle at 6.30pm, carols start at 7.00pm and finish by 8.15pm, an enjoyable family night.

Community Christmas Day Lunch

Woden Community Service will be hosting a community Christmas lunch on Saturday 25 December from 11am to 2pm at Woden Community Service, 26 Corinna St (opposite Phillip Health Centre and behind the Discount Chemist) Please come and join your local community in some great food and company.

All welcome! RSVPs are essential. For more information or to RSVP (for catering purposes) call 6282 2644.

Request for Volunteers

As mentioned, Woden Community Service will be hosting a community lunch on Christmas Day from 11am-2pm at Woden Community Service, 26 Corinna St.

To hold this event, we need assistance from our local community in preparing and serving food, transport and companionship. If you would like to volunteer, please contact Emma on 6234 6820.

Australia Day

Come and celebrate Australia Day on Tuesday 25 January 2011 from 11am to 2pm at Woden library, for music, book and poetry readings and lots more. So come and grab a coffee at Café Ink and join in the celebrations. For more information or to organise transport to this event, call 6282 2644.

Send community notices by
Mar 1 to wodenvoice@wcs.org.au

Calvary Chapel Market Day

Saturday 6 February 2011 from 9.00am till 1.00pm at Calvary Chapel, United Pentecostal Church on Maclaurin Cres Chifley. This will be held in conjunction with their regular monthly Op Shop with great bargains from 8.00am.

From 9.00am there will be exciting events and stalls to browse through including:

Free jumping castle, Devonshire teas, Car Wash, Craft stall, Children's games, Cake stall, Car Boot sale, Sausage sizzle and much more. Call the church office 6281 2330 or visit www.calvarychapel.com.au.

Second Canberra Garden Club

Joining a garden club is a great way to extend your knowledge about plants and gardens, get together, swap plants and stories, and socialise. Guests and new members are warmly invited to join members of the Second Canberra Garden Club. Phone 0407 414 140 or email: secondcgc@aol.com.

Tandem - Helping to make life liveable

Riding a bike uphill in a storm.....not getting anywhere? Lots of Canberran's feel like this every day just doing everyday things. Tandem helps by giving people support to live everyday lives.

Tandem is a community organisation - not for profit & non government. We help more than 600 Canberra children, youth & adults with disabilities, mental illness, frail & elderly people and their carers.

The big news is we are getting a house — Tandem House! AND we need all the new things that go into a house. If you can make donation towards Tandem House contact 62872870 (all donations are receipted and a legitimate tax deduction). We need also assistance & volunteers to support Tandem. Ph Gabby 62880955 or email gabrielle.morgan@tandem.org.au.



TBI - Christmas Edition & 2011 Calendar

The Big Issue magazine is celebrating Christmas in style! Readers can not only purchase a 2011 calendar for \$5 from their local vendor, which makes a wonderful gift, they can buy the Christmas edition of the magazine with two local vendors on the front cover— Bianca and Steven.

The Big Issue vendors, volunteers and staff thank you for your support throughout the year and wish you a Merry Christmas and safe and happy New Year. For more information on The Big Issue call 6234 6813 or visit www.wcs.org.au/programs/thebigissue.